

## SENIOR ADVISORY COMMITTEE MEETING

April 23, 2012

Attending: Jacquie Neill, Penny Stetson, Sharon Taylor, Frank DeRocchi, Pat Wellington, Shirley Walker

The meeting was called to order at 9:0 AM

The minutes were read by acting secretary Jacquie Neill and approved as read.

**OLD BUSINESS.** (1) Shirley reported that Donna Kay will begin knitting classes on Wednesday, May 16, and they will be held at the Lee Library from 9:00 to 11:00 every other week and continue until August. The classes are free and open to all levels of knitters. Sharon will open the library for the classes and we will have access to knitting books there. Any Lee resident 50 years or older may participate.

(2) Shirley reported that Julie Heincelman, exercise specialist, will meet with her and Pat Wellington on Wednesday, April 25, at 6:00 pm to discuss program guidelines for an exercise program to be offered to seniors. Julie, during her phone conversation, was very encouraging and is anxious to help us get a program started. She did not think that we would need the fitness equipment at the Safety Complex for a comprehensive program that would be beneficial to seniors.

(3) Frank brought a catalog from Dover Adult Ed. that should be included in our list of offerings by neighboring towns.

(4) We will look at Dawn's website summary to see if we would like to add anything to the wording.

(5) Further explore how to get our message out—E-Town Crier, Book Worm Digest, Exeter Newsletter and Fosters, and announced in church. There was much discussion about notices at the Lee Transfer Station: a permanent space of our own for a white board that Mark Kustra could put permanent lettering on, colorful notices on the white board concerning up-coming events, a weather protected box that could hold small fliers for take away, and alert Roger Rice of our goings-on! We will ask Dawn to please do some hand-outs.

(6) Lee Family Day at the Town Park, Sept. 8, 9:00 am-7:00 pm. The Family Day Committee will need more discussion about a date if the weather is inclement. SAC will have a booth and be in touch with Frank, chairperson of that event, to reserve our space. We will strive to earn funds to support SAC's up-coming needs: banner (Mark Kustra), brochures, paper goods, white board, etc. We will need two tables and a pop-up tent. Jacquie mentioned that apple crisp is a good fund raiser and that she has a list of 20 or so that she may call on to supply the crisp. Crisp would be served from 10:00 until sold out. A freezer was discussed for keeping ice cream but no decision was made. Jacquie added that 3 cartons of ice cream were supplied last year—2 were gifted.

**NEW BUSINESS.** Sharon brought a flier for "Jobs for Seniors." She explained how seniors can be hired to work for non-profit organizations for equitable pay. It is part of the Community Action Program, CAP. Sharon suggested a game hour that we could sponsor to be held at the Library. Our conversation led us

to this plan: Lee Library, Thursday 2:00-300 pm, weekly program to include any of these: puzzle building, games/card games, other. Coffee and tea would be available. Sharon will check with Scott Marsh to see about this schedule.

The meeting was adjourned at 10:00am.

Shirley Walker